

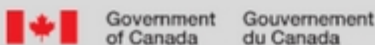


Hope for Homes

Resource Manual



Information on services and resources to prevent and reduce homelessness in rural Prince Edward Island



Canada

In partnership with:

Government of Canada's Homelessness Partnering Strategy
PEI Rural & Remote Advisory Board

Table of Contents

Purpose	3
About the Manual	4
Housing Resources	5
Emergency Shelters	5
Housing Services and Programs	6
Housing for People with Addictions	9
Housing for People with Mental Health Challenges	10
Housing for People with Disabilities	11
Housing for Women and Children Experiencing Abuse	12
Community Supports and Services	13
Home Repair Services	13
Food Resources	15
Resources Related to Abuse and Violence	17
Mental Health and Addictions Services	19
Employment Services	22
Financial Support Services	25

Purpose



Hope for Homes

Resource Manual

The primary purpose of the Hope for Homes resource manual is to provide the necessary information for those experiencing homelessness in rural communities across Prince Edward Island.

The Hope for Homes resource manual is comprised of a directory of government and community-based resources and services that aid in addressing and preventing homelessness in remote areas of the province.

It is our hope this document can be used by volunteers to assist those in need. This manual will allow Hope for Homes volunteers to feel confident and knowledgeable identifying and assisting individuals and/or families that face housing challenges on Prince Edward Island.

THE NATIVE COUNCIL OF PEI



Homelessness Reduction Program

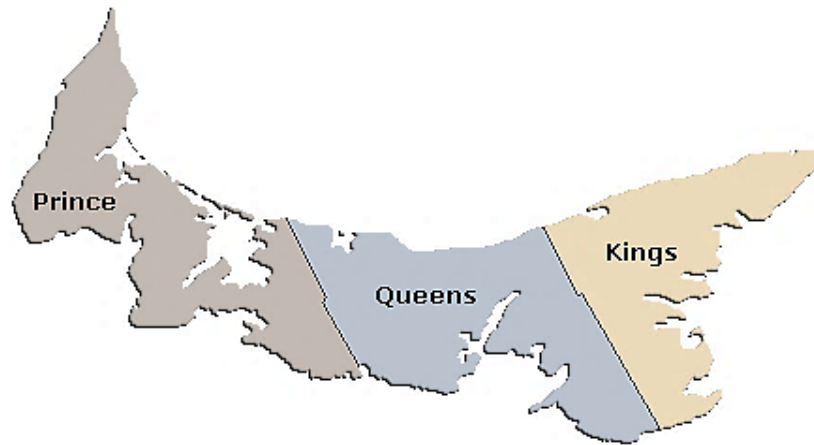
Charlottetown Office
6 FJ McAulay Court
Charlottetown, PEI, C1A 9M7
(902)-892-5314

Portage Office
35262 Western Road, RTE 2
Portage, PEI, C0B 1V0

About the Manual

The Hope for Homes Resource Manual is organized into sections based on needs of the individual and/or family. Each category provides the contact information and mandate of community and government agencies that offer support to those experiencing, or at risk of experiencing homelessness.

In addition to housing resources, the manual also includes contact information for community supports and services important in preventing and reducing homelessness on Prince Edward Island. This manual has a focus on assisting those in rural areas across Prince Edward Island, but also includes important urban resources that may be required when similar services are unavailable in rural communities.



Disclaimer:

The inclusion of services in this resource manual does not serve as an endorsement or recommendation from the Native Council of PEI. This guide serves as a reference document, to learn more about the programs offered by each organization, consumers are encouraged to contact each service-provider directly.

Housing Resources

Emergency Shelters

CHIEF MARY BERNARD MEMORIAL WOMEN'S SHELTER

Lennox Island

(902)-831-2332 ; womensshelter@lennoxisland.com

Accommodations for Indigenous and non-Indigenous women and children in need of shelter because of domestic violence or lack of housing. Shelter residents have access to employment services, parenting and life skills programs, and services of the Lennox Island Health Centre.

ANDERSON HOUSE

PO Box 964, Charlottetown, PEI C1A 7M4

Toll Free: 1-800-240-9894 ; (902)-892-0960 ; admin@fvps.ca ; www.fvps.ca

An emergency shelter for women and children, with services available 24 hours a day, 7 days a week. Anderson House is a safe and supportive shelter for women and their children who are experiencing physical, emotional, or sexual abuse, or those who live in fear of abuse.

BEDFORD MACDONALD EMERGENCY HOMELESS SHELTER

184 Weymouth St, Charlottetown, PE C1A 4Z3

(902)-892-9249

The Salvation Army manages a seven-bed shelter for men that offers shelter, food, and showers. The facility is open each day at 4pm to 8am the following morning.

Housing Services and Programs

WRAP AROUND HOUSING FIRST

PO Box 2000 Charlottetown PE C1A 7N8
(902)-569-7682 ; jhoward@gov.pe.ca

A program for those experiencing homelessness or other housing issues such as eviction or inadequate housing. Services help individuals and/or families in rural and remote areas of the province create strategies to meet their housing needs. This program does not offer emergency housing options.

MY PLACE HOUSING FIRST

178 Fitzroy St. Charlottetown, PE C1A 7L9
(902)-628-3663 ; pei.cmha.ca

The Canadian Mental Health Association provides services to assist those in Summerside and Charlottetown find independent and permanent housing. Clients are provided with one-on-one services, and are connected to other community supports to prevent a regression into homelessness.

WEST PRINCE HOUSING

33 Dufferin St. Alberton PE C0B 1B0
(902)-853-4180 ; wphousing@cmha.pe.ca

The Canadian Mental Health Association provides services to assist those west of Summerside in finding independent and permanent housing. Clients are provided with one-on-one services, and are connected to other community supports to prevent a regression into homelessness.

PROVINCIAL HOUSING OFFICES

Summerside: (902)-888-8436
Charlottetown: (902)-368-5770
Montague: (902)-838-0796
Souris: (902)-687-7098

The Housing offices are responsible for the operation of social housing and renovation programs, including Seniors Housing Program, Family Housing Program, PEI Home Renovation Programs, Seniors Home Repair Program, and Seniors Safe @ Home Program.

FAMILY HOUSING PROGRAM

(902)-368-5770

www.princeedwardisland.ca/en/information/family-and-human-services/housing-assistance

Various one, two, three, and four-bedroom apartments are available across Prince Edward Island. A needs assessment determines eligibility based on housing conditions, income, cost of housing, family size, health, and any special circumstances.

SENIORS HOUSING PROGRAM

(902)-368-5770

www.princeedwardisland.ca/en/information/family-and-human-services/housing-assistance

Anyone over age 60, or age 55 and older with a disability, is eligible to apply for seniors housing. Tenants pay 25 per cent of their income, and are responsible for furnishings; the cost of electricity, telephone, television and tenant insurance; and day-to-day cleaning of the unit.

RESETTLEMENT ASSISTANCE PROGRAM (RAP)

49 Water Street Charlottetown, PE C1A 1A3

(902)-628-6009 Ext. 232 ; www.peienc.com

The PEI Association for Newcomers to Canada provides support to meet the settlement needs of Government Assisted Refugees upon their arrival in Prince Edward Island. Services offered include temporary accommodations, assessment and the delivery of orientation and information to begin the resettlement process, and information on other existing programs and services.

HABITAT FOR HUMANITY

365 Mount Edward Rd, Charlottetown, PE C1E 2A1

(902)-368-7539 ; www.habitatpei.ca

Habitat for Humanity PEI helps those who do not qualify for a traditional mortgage obtain housing. Safe and affordable houses are built for partner families who then repay a zero-interest mortgage on the homes, with payments based on income. A minimum annual income of \$23,228 is required, with maximums based on family size.

CANADA MORTGAGE AND HOUSING CORPORATION

119 Kent St, Charlottetown, PE C1A 1N3

(902)-566-7278 ; www.cmhc-schl.gc.ca

The Canadian Mortgage and Housing Corporation manages 117 units across Prince Edward Island with 22 units dedicated to Indigenous people.

ATLANTIC PEOPLES HOUSING

47 Kensington Rd Charlottetown, PE C1A 5H6

(902) 566-4729 ; aphl.pei@aphl.ca ; www.aphl.ca

An enterprise management group with information on affordable housing units in various communities. Atlantic Peoples Housing manages 15 different co-op/ non-profit housing options across Prince Edward Island.

NANEGKAM HOUSING CORPORATION

*Atlantic Peoples Housing 47 Kensington Rd Charlottetown, PE C1A 5H6
(902) 566-4729 ; www.ncpei.com*

The Native Council of PEI, in partnership with Canadian Mortgage & Housing, developed Nanegkam Housing Corporation. Nanegkam Housing is managed by Atlantic Peoples Housing and provides housing options for Indigenous people and families living off-reserve with rental units in Charlottetown, Summerside, and Murray Harbour. Tenants pay 25 per cent of their gross annual household income.

Housing for People with Addictions

ST. ELEANORS HOME

*517 South Dr, Summerside, PE C1N 3Z5
(902)-888-8386*

Provides a home-like environment for men in need of extended support after initial addiction treatment.

LACEY HOUSE

*Charlottetown
(902)-368-4083*

Lacey House provides a 24-hour safe, supervised, home-like environment to assist women (16 years of age and older) in maintaining a chemical-free lifestyle. Residents also have access to various supports and counseling services.

DEACON HOUSE

*Charlottetown
(902)-368-4036*

An overnight shelter unit that provides shelter for males who abuse substances or have a chemical dependency.

TALBOT HOUSE

*205 Kent Street Charlottetown, PE C1A 1P1
(902)-368-4297*

A residence for men that provides a safe environment and support services for those working towards maintaining a chemical-free lifestyle.

Housing for People with Mental Health Challenges

HOPE CENTRE CLUBHOUSE HOUSING

*410 Main Street, Alberton, PE C0B 1B0
(902)-853-3871; pei.cmha.ca*

The Canadian Mental Health Association offers six affordable, furnished apartments for people with mental health challenges, including 2 wheelchair accessible units. Two community-based subsidized apartments are also available in western PEI for those who are active members of the Hope Centre Clubhouse.

NOTRE DAME PLACE RESIDENCE

*67 Duke Street – Suite 11 Summerside, PE C1N 3R9
(902) 888-2237 ; pei.cmha.ca*

The Canadian Mental Health Association offers affordable, furnished apartments for people with mental health challenges, including 2 wheelchair accessible units. Three community-based, subsidized apartments are available, and 7 individual, supported units with part time staff are available to help those looking to develop independent living skills.

FITZROY CENTRE CLUBHOUSE HOUSING

*170 Fitzroy Street PO Box 1839 Charlottetown, PE C1A 7N5
(902)-566-5111 ; pei.cmha.ca*

The Canadian Mental Health Association provides three housing options for individuals with mental health challenges: Longworth House, a 10 unit home with part-time supervision; Fitzroy Centre, a 17 unit independent living complex, and 21 unsupervised apartments in the Charlottetown area.

Housing for People with Disabilities

COMMUNITY INCLUSIONS

24 North Street O'Leary, PE COB 1V0

(902)-726-3144 ; www.communityinclusions.com

Residential options are available in O'Leary, Alberton, and Tignish for people with intellectual disabilities. Services include, respite care, supported living, independent living, in-home care providers, and associate families room-and-board.

QUEENS COUNTY RESIDENTIAL SERVICES INC.

39 Maypoint Road Charlottetown, PE C1E 0H5

(902)-566-4470 ; www.qcrs.ca

Residential options for people over the age of 18 with intellectual disabilities. Services include small option homes, respite care, group homes, the Associate Family Program, and Life Bridge Housing complex.

INCLUSIONS EAST

364 Campbell Ave Montague, PE COA 1R0

(902)-380-1829 ; Inclusionseast.com

Five residential options are available in Montague for people with intellectual disabilities. The housing options range in support, including small options homes, supported living, independent living, community supported living, respite care, and associate families room-and-board.

MACINTYRE HOUSE

19 Church Ave. Souris, PE COA 2B0

(902)-687-3247

A home for men with intellectual disabilities. Respite care services are also available.

Housing for Women and Children Experiencing Abuse

ANDERSON HOUSE

PO Box 964, Charlottetown, PEI C1A 7M4

Toll Free: 1-800-240-9894 ; (902)-892-0960 ; admin@fvps.ca ; www.fvps.ca

An emergency shelter for women and children, with services available 24 hours a day, 7 days a week. Anderson House is a safe and supportive shelter for women and their children who are experiencing physical, emotional, or sexual abuse, or those who live in fear of abuse.

CHIEF MARY BERNARD MEMORIAL WOMEN'S SHELTER

Lennox Island

(902)-831-2332 ; womensshelter@lennoxisland.com

Accommodations for Indigenous and non-Indigenous women and children in need of shelter because of domestic violence or lack of housing. Shelter residents have access to employment services, parenting and life skills programs, and services of the Lennox Island Health Centre.

SECOND STAGE HOUSING

West Prince: (902)-859-8849

East Prince: (902)-888-3310

Charlottetown: (902)-569-1524

www.fvps.ca

Family Violence Prevention Services' Second Stage Housing provides safe and supportive accommodations for women and their children who are victims of violence in in their homes or relationships. There are 7 units available in Charlottetown, 2 units in O'Leary and Summerside, for residency up to one year.

SUNRISE HOUSE

Montague

(902)-838-0795 ; www.fvps.ca

Family Violence Preventions' Sunrise House Provides safe and supportive accommodations for women and their children who are victims of violence in in their homes or relationships.

Community Supports and Services

Home Repair Services

PEI HOME RENOVATION PROGRAM

161 St. Peters Road, P.O. Box 2000 Charlottetown C1A 7N8

Toll Free: 1-855-374-7366 ; (902) 368-4889; homereno@gov.pe.ca

This program offers up to \$6,000 (or \$8,000 for those with a permanent disability) for eligible renovations to the structure, heating, plumbing, and electrical systems, or to improve safety of a principal residence. Certain eligibility requirements must be met to qualify for the grant. Applications and information are also available at all Access PEI Locations.

SENIORS HOME REPAIR PROGRAM

161 St. Peters Road, P.O. Box 2000 Charlottetown C1A 7N8

Toll Free: 1-855-374-7366 ; (902)-368-4889 ; shrp@gov.pe.ca

This program offers up to 50 per cent of the cost to a maximum of \$2,000 in assistance for eligible repairs. The program is offered for those age 60 or older who own and live in the residence and have an annual net income (combined with your spouse) no greater than \$35,000. Repairs must be necessary to improve health and safety. Applications and information are also available at all Access PEI Locations.

SENIORS SAFE @ HOME PROGRAM

161 St. Peters Road, P.O. Box 2000 Charlottetown C1A 7N8

Toll Free: 1-855-374-7366 ; (902)-368-4889 ; shrp@gov.pe.ca

This program offers between \$1,000-\$5,000 towards housing modifications necessary for accessibility, health, and safety for people ages 60 or over with an annual net income (combined with your spouse) no greater than \$50,000.

HOME ENERGY LOW-INCOME PROGRAM (HELP)

Toll Free: 1-877-734-6336 ; (902)-620-3690 ; efficiencypei@gov.pe.ca

efficiencypei.ca

Low-income clients with a total household income of \$50,000 or less, may be eligible to have a HELP tradesperson complete a comprehensive air-sealing free of charge. The program also provides installation of a programmable thermostat, a low-flow showerhead, a voucher for a free furnace cleaning (up to \$80 value), and a quantity of ENERGY STAR® LED light bulbs.

LOW INCOME FINANCIAL AND TECHNICAL ASSISTANCE (LIFT)

*Toll Free: 1-877-734-6336 ; (902)-620-3690 ; efficiencypei@gov.pe.ca
www.city.charlottetown.pe.ca/LIFT.php*

Residents of Charlottetown with a total household income of \$50,000 or less may be eligible for the LIFT program. LIFT assists low-income clients install low-flow devices in the home. A water audit is completed for free, along with the installation of a low-flow showerhead, installation of a low-flow aerator on bathroom sinks, and a voucher for low-flow toilet and installation, if applicable. This program is being done simultaneously with efficiencyPEI's Home Energy Low-Income Program (HELP).

HOME ENERGY AUDIT PROGRAM

Toll Free: 1-844-474-2435 ; housemasterEnergyPEI@gmail.com

An EnerGuide home evaluation is an energy audit to help homeowners increase the energy efficiency of their homes. The cost of a home evaluation is \$300 with the efficiencyPEI Energy Audit Assistance program subsidizing that cost by \$150. Additional subsidizes are available for those who you choose to proceed with efficiency upgrades after the audit.

HEAT PUMP REBATE PROGRAM

*Toll Free: 1-877-734-6336 ; (902)-620-3690 ; efficiencypei@gov.pe.ca
efficiencypei.ca*

efficiencyPEI offers rebates for residential homes for ENERGY STAR Most Efficient air source and ground source (or geothermal) heat pumps. Subject to certain eligibility requirements.

EQUIPMENT UPGRADE REBATE

*Toll Free: 1-877-734-6336 ; (902)-620-3690 ; efficiencypei@gov.pe.ca
efficiencypei.ca*

efficiencyPEI offers rebates for residential homes for equipment such as furnaces, boilers, and woodstoves, heat recovery ventilators, low flow toilets and showerheads, and hot water heaters. Subject to certain eligibility requirements.

ENVELOPE UPGRADE REBATE

*Toll Free: 1-877-734-6336 ; (902)-620-3690 ; efficiencypei@gov.pe.ca
efficiencypei.ca*

efficiencyPEI offers grants for the installation of insulation, ENERGY STAR windows, doors, and air sealing improvements. Insulation grants are based on how much insulation you install and where it is installed. Subject to certain eligibility requirements.

Food Resources

TIGNISH CARING CUPBOARD

*Parish Centre Hall
315 School St., Tignish PE COB 2B0
(902)-853-2304*

Food is available on Tuesdays from 4 -5pm. Registration is required at your first visit and food can be accessed every 30 days.

ALBERTON CARING CUPBOARD

*Anglican Church Basement
498 Main St., Alberton PE COB1B0
(902)-853-2304*

Food is available on Thursdays from 10am -12pm. Registration is required at your first visit and food can be accessed every 30 days.

BLOOMFIELD CARING CUPBOARD

*Saint Anthony's Parish Hall
37947 Veteran's Memorial Highway, Bloomfield PE COB 1E0
(902)-853-2304*

Food is available on Thursdays from 10am -12pm. Registration is required at your first visit and food can be accessed every 30 days.

TYNE VALLEY CARING CUPBOARD

*Presbyterian Church Hall
853 Canada Road, Tyne Valley PE COB 2C0
(902)-853-2304*

Food is available on Thursdays from 10am -12pm. Registration is required at your first visit and food can be accessed every 30 days.

PRINCE COUNTY FOOD BANK - SALVATION ARMY

*374 Pope Rd Summerside
(902) 888-3870 ; salvationarmy.ca*

Food bank is open Monday, Wednesday, and Friday from 1:00pm-3:00pm. Registration is required at your first visit and food can be accessed every 30 days.

PRINCE COUNTY SOUP KITCHEN - SALVATION ARMY

*299 Pope Rd Summerside
(902) 888-3870 ; salvationarmy.ca*

Lunch is served from 11:00-1:00 Monday – Friday.

KENSINGTON FOOD BANK

(902)-836-5060

The Kensington Lions Club provides food for those in need. Phone to make a request.

SALVATION ARMY

203 Fitzroy St, Charlottetown, PE C1A 1S1

(902)-892-2281 ; salvationarmy.ca

The food bank is open Tuesday and Thursday from 9:30am- 11:30am. Registration is required at your first visit and food can be accessed every 30 days. The Friendship Room is open Monday – Friday from 9:30am-11:00am and offers coffee, tea, and donuts to those who drop in.

UPPER ROOM FOOD BANK

33 Belmont Street Charlottetown, PEI, Canada

(902)-892-7092 ; upper_room@sympatico.ca

Food hampers can be picked up Monday, Wednesday, and Friday from 9am-11am. Registration is required at your first visit and food can be accessed every 30 days. Open Monday- Friday, 8am-4pm.

UPPER ROOM SOUP KITCHEN

101 Richmond Street, Charlottetown, PEI, Canada

(902)-892-1995 ; upper_room@sympatico.ca

Lunch is served seven days a week at 11:30am, and supper is available Monday to Friday at 4:30.

THE SOUTHERN QUEENS AND KINGS FOODBANK INC.

222 Rte 17, R 2 Montague PE, COA 1R0

(902)-838-3191

Provides food boxes each month for families in need, and supplies clothing and household goods as available.

Open from 9am to 11am Monday and Thursdays.

SOURIS FOOD BANK

56 Main St., Souris, PE COA 2B0

(902)-687-2229

Food bank operates from 11:00am-12:30pm every Saturday.

COOPER INSTITUTE – SEEDS OF COMMUNITY PROGRAM

(902)-894-4573 ; www.cooperinstitute.ca

This program supports the development and knowledge of seed sovereignty. Seed exchanges and workshops are held at Public libraries across Prince Edward Island. The program assists individuals in growing their own food.

Resources Related to Abuse and Violence

ISLAND HELP LINE

1-800-218-2885

A free bilingual, confidential service for all Islanders. Provides 24/7 service, 365 days a year, offering support and information on family crisis intervention, child abuse, alcohol and drugs, suicide, parenting, loneliness, and other problems.

VICTIM SERVICES

Prince County: (902)-368-4582

Queens and Kings County: (902)-888-8218

Provides free, confidential services to people who have been victims of violence, or any other crime. Workers can explain the court process, the justice system, and the status of your case. They can provide short term counselling, help to prepare a victim impact statement, and make referrals to support services.

PEI FAMILY VIOLENCE PREVENTION OUTREACH SERVICES

West Prince: (902)-859-8849

East Prince: (902)-436-0517

Eastern PEI: (902)-838-0795

Queens County: (902)-566-1480 Ext. 224

admin@fcps.ca ; www.fvps.ca

Free and confidential service that provides support for women experiencing family violence. Outreach coordinators provide one-on-one support, group support, referral services, safety assessment and planning, advocacy, accompaniment to court and other meetings, information and public education.

ADULT PROTECTION SERVICES

O'Leary: (902)-859-8730

Summerside: (902)-888-8440

Charlottetown: (902)-368-4790

Montague: (902)-838-0786

Souris: (902)-687-7096

Protects vulnerable adults from abuse and neglect. Abuse can include sexual, physical, emotional, verbal, financial, caregiver neglect, and self neglect. Adult protection services can be accessed by phoning the Home Care offices (listed above).

CHILD ABUSE REPORTING

During Office Hours: (902)-368-6657

Toll Free: 1-877-341-3101

After Hours: (902)-368-6868

Toll Free: 1-800-341-6868

Assess reports of children who have been, or are at risk of being abused/neglected.

PEI RAPE AND SEXUAL ASSAULT CENTRE

1 Rochford Street, Charlottetown, PE C1A 7N3

General: (902)-566-1864 ; Counselling: (902)-368-8055 ; admin@peirsac.org ; www.peirsac.org

Offers counselling services for adult survivors of childhood sexual abuse and sexual assault.

Information and support for family members of survivors. Information, training and workshops provided about the impact of sexual violence, healthy relationships and dating violence.

CATHOLIC FAMILY SERVICE BUREAU

129 Pownal Street, Charlottetown, PE C1A 7L3

(902)-894-3515 ; admin@catholicfamilyservicebureau.ca

www.catholicfamilyservicesbureau.com

Confidential, professional, and nondenominational programs and services including outreach services, advocacy services, mediation, music therapy, counselling services, Men Matter program, and children/youth therapy services.

FAMILY SERVICE PEI

Toll Free: 1-866-892-2441

Summerside: (902)-436-9171

Charlottetown: (902)-892-2441

fspei.ca

Offers individual, couple, and family therapeutic counselling services to help people deal with a range of life events such as coping with daily stresses, overcoming abuse, and dealing with mental health issues.

EAST PRINCE WOMEN'S INFORMATION CENTRE

75 Central Street Summerside, PE, C1N 3L2

(902)-436-9856 ; epwic@pei.sympatico.ca

Provides a meeting place for women and offers information and referral for women on issues such as employment, abuse, addictions, legal rights, and sexual harassment.

Mental Health and Addictions Services

ADDICTIONS HELPLINES

Opioid/ Alcohol /Drugs/ Prescription Medication: 1-888-299-8399

Smokers Helpline: 1-877-513-5333

Gambling Helpline: 1-855-255-4255

Narcotics Anonymous Provincial Info Line: 1-800-205-8402

MENTAL HEALTH WALK IN CLINICS

Westisle High School

39570 Western Road, Elmsdale PE, COB 1K0

Thurs. 9am-3pm

(only available for students)

O'Leary Health Centre

14 MacKinnon Drive, O'Leary PE, COB 1V0

(902)-853-8670

Wed. 9am-3pm

Lennox Island Health Centre

15 Eagle Feather Trail, Ellerslie PE, COB 1J0

(902)-831-2711

Wed. 9am-3pm

Prince County Hospital

65 Roy Boates Avenue Summerside PE, C1N 6M8

(902)-888-8180

Mon./Wed. 9am-5pm

Richmond Centre

1 Rochford Street, Charlottetown PE, C1A 9L2

(902)-368-4430

Tues./Thurs. 10am-4pm

McGill Centre

55 McGill Avenue, Charlottetown PE, C1A 2J9

(902)-368-4911

Fri. 12pm-8pm

Sat. 10am-8pm

Sun. 1pm-5pm

COMMUNITY MENTAL HEALTH SERVICES

Alberton: (902)-853-8670

O'Leary: (902)-859-8781

Evangeline: (902)-854-7259

Summerside: (902)-888-8180

Charlottetown:

McGill Community Mental Health (902)-368-4911

Richmond Centre (902)-368-4430

Children's Centralized Intake 1-866-833-5443

Montague: (902)-838-0960

Souris: (902)-678-7110

Treatment, assessment, and consultation services for adults and their children regarding mental health.

CANADIAN MENTAL HEALTH ASSOCIATION

West Prince: (902)-853-4180

Prince County: (902)-436-7399

Queens County: (902)-566-3034

pei.cmha.ca

Provides programs and services for individuals dealing with mental health problems. Day programs, residential services, employment services, and self-help groups are available through the Association.

ADDICTIONS SERVICES

Alberton: (902)-853-8670 / (902)-853-0401

Summerside: (902)-888-8380

Charlottetown: (902)-368-4120

Montague: (902)-838-0960

Souris: (902)-687-7110

Provides support to men, women, children, and adolescents affected by addiction. Offers programs designed to help individuals through various stages of recovery.

PROVINCIAL ADDICTIONS TREATMENT FACILITY

2814 Rte 215 Mount Herbert Charlottetown, PE C1A 7N8

(902) 368-4120

Provides a safe and supportive environment for individuals seeking withdrawal management services, information on addictions, and further treatment. Services are also available for families of people with addictions. There 24 inpatient withdrawal management beds available in the facility.

STRENGTH PROGRAM - YOUTH RECOVERY CENTRE

*151 Greenwood Drive, Summerside, PE C1N 5Y7
(902)-432-2811*

The Strength program is a 12 bed residential facility for youth ages 15-24 with moderate to severe substance use and additional mental health problems. Programming and supports for youth and families who are dealing with substance abuse and mental health issues are offered. Referrals are received through Mental Health and Addictions clinicians.

INSIGHT PROGRAM

*40 Enman Crescent, Charlottetown, PE C1E 1E6
(902)-620-3956*

A mental health program for youth ages 13-18 who are struggling with significant/persistent primary mood, anxiety, and or psychotic disorders. A team of health and education professionals work with the youth, their families and schools to reduce the day-to-day impact of mental health problems or illnesses on their lives.

ABORIGINAL MENTAL HEALTH AND ADDICTIONS PROGRAM (AMHAP)

*6 FJ McAulay Court, Charlottetown, PE C1A 9M7
(902)-892-5314 ; amhap@ncpei.com*

The Native Council of PEI provides advocacy, referrals, and on-going support in a confidential and culturally safe environment for those in need of mental health and addictions support. AA meetings are offered each Monday from 8pm-9pm in Charlottetown.

LENNOX ISLAND HEALTH CENTRE

*Lennox Island Health Centre PO Box 135 Lennox Island, PE C0B 1P0
(902)-831-2711*

The Lennox Island Health Centre has a variety of programs and services including home support and substance abuse counselling, and access to fitness, health, and wellness coordinators.

FARM ASSISTANCE PROGRAM

*293 Water Street, Suite 5 Summerside, PE C1N 1C1
Toll Free: 1-800-736-8006 ; (902)-894-8006*

The Farm Assistance Program provides confidential, professional counselling services to farmers, farm employees and their families. Farmers and their immediate family can access this service to address problems that impact their personal well-being and work performance (family pressures, job stress, alcohol or drug dependency, marital problems, children's issues or other conflicts).

Employment Services

CAREER DEVELOPMENT SERVICES

Bloomfield: (902)-859-2776

Wellington: (902)-854-4156

Summerside: (902)-436-0706

Charlottetown: (902)-626-2014

Montague: (902)-838-5443

Souris: (902)-687-1526

cdspei.ca

Assists people across Prince Edward Island learn about career options, search for employment and access workshops on topics such as resume building, interview preparation, and networking. Each location also has a Resource Center where you can make local phone calls, print, photocopy, scan, fax, and use a computer with Internet connection free of charge.

SKILLSPEI

O'Leary: (902)-859-8898

Summerside: (902)-438-4151

Charlottetown (902)-368-6290

Montague: (902)-838-0674

SkillsPEI offers a variety of career services for those looking for assistance to find employment. Training programs are available to help ensure applicants are job-ready.

PEI ASSOCIATION FOR NEWCOMERS TO CANADA

49 Water St, Charlottetown, PE C1A 1A3

(902)-628-6009 ; peianc.com

Employment counselling services are offered for those registered with the Association of Newcomers. Employment counsellors provide support and information to assist newcomers in finding employment.

CMHA CLUBHOUSES

Hope Center- Alberton: (902)-853-3871

Notre Dame Place- Summerside: (902)-888-2237

Fitzroy Center- Charlottetown: (902)-566-5111

pei.cmha.ca

Members can access various services such as employment and education support, daily social and recreational activities, and the opportunity to be involved in the planning and execution of clubhouse activities. The programs assist those with mental or emotional illnesses.

COUNCIL OF PEOPLE WITH DISABILITIES

Prince County: (902)-436-9259 ; employprince@peicod.pe.ca

Charlottetown: (902)-892-9149 ; employment@peicod.pe.ca

Kings County: (902)-838-5878 ; employkings@peicod.pe.ca

www. peicod.pe.ca

Offers employment services and career counselling to assist people with disabilities across Prince Edward Island find employment and access other career related services.

COMMUNITY INCLUSIONS LTD.

24 North Street O'Leary, PE COB 1V0

(902)-726-3144 ; info@communityinclusions.com ; communityinclusions.com

Job coaching and pre-employment support is available for individuals between ages 16 – 65 who have an intellectual disability. Services help those in the West Prince area become job-ready and find employment.

INCLUSIONS EAST

Kingswood Centre 364 Campbell Avenue, Montague PEI

Montague: (902)-838-2516 ext. 6

Souris: (902)-687-3032

inclusionseast.com

The Employment Opportunities Program provides individuals with an intellectual disability with a variety of supports and assistance to find and maintain employment in the Kings County area. Inclusions East also provides clients with training and skill development through involvement in the Bakery and Woodshop located at Kingswood Centre.

TREMPLOY

75 Raiders Rd, Charlottetown, PE C1A 7M4

(902) 892-5338 ; dev.tremploy.com

A Community based organization that provides vocational training and support services to adults who have an intellectual disability. Employment Assistance services include skill assessments, skills training, individual job placements, employment counselling, job training and support to both client and employer in the workplace.

ABORIGINAL SKILLS AND EMPLOYEMENT TRAINING STRATEGY (ASETS)

6 F J Macauley Crt, Charlottetown, PE C1A 9M7

(902)-892-5314 ; asets@ncpei.com ; www.ncpei.com

The Native Council of PEI provides assistance and funding for training and skills development to Indigenous Peoples living off-reserve. The program is designed to help Indigenous Peoples prepare for, and find high-demand jobs that will help address Canada's labor market challenges.

MI'KMAQ CONFEDERACY OF PEI

*199 Grafton St, Charlottetown, PE C1A 1L2
(902)-676-2353 ; www.mcpei.ca*

Offers employment & training support and assistance to Indigenous people residing in PEI. This includes Status, Non-Status, Métis and Inuit peoples living on and off reserve across the entire province.

JOHN HOWARD SOCIETY EMPLOYMENT ASSISTANCE

*163 Queen St, Charlottetown, PE C1A 4B4
(902)-566-5425 ; johnhowardsociety@pei.aibn.com ; pei.johnhoward.ca*

Offers employment/ pre-employment services for those who are or have been involved in the criminal justice system. The services specifically targets the employment needs of the offender.

RURAL COMMUNITY LEARNING INC.

*Alberton Employment Resource Centre: (902)-853-2646
Tignish Employment Resource Centre: (902)-882-2498*

The Rural Community Learning Inc. centres offer unemployed individuals assistance with preparing a resumé, cover letter, and filling out work application forms. There is access to computers, photocopier and fax machine for employment purposes.

EAST PRINCE YOUTH DEVELOPMENT SERVICES

*Campus 98 Water Street Summerside, PE C1N 4N6
(902)-436-2815 ; epydc@epydc.org ; epydc.org*

Offers programs, resources, and information for youth to learn new skills, and become more experienced and employment ready.

EMPLOYMENT JOURNEY

employmentjourney.com/resources-services-for-job-seekers

An online resource with information on employment opportunities on Prince Edward Island, and links to resources to assist job seekers.

Financial Support Services

INCOME SUPPORT

O'Leary: (902)-859-8835

Summerside: (902)-888-8397

Charlottetown: (902)-368-5338

Montague: (902)-838-0728

Souris: (902)-687-7170

Basic income support is offered through the provincial government for those who do not have adequate income to meet basic needs. Income Support can assist in paying for food, shelter, medications, basic dental costs, glasses, and funeral costs.

FAMILY SERVICE PEI CREDIT COUNSELLING

155 Belvedere Avenue Suite 6, Charlottetown PE, C1A 2Y9

109 Water Street Summerside, PE, C1N 1A8

Toll Free: 1-866-892-2441

Free credit counselling services for Islanders. Appointments can be made, and services include a comprehensive and confidential review of your financial situation, assistance with budgeting and spending plans, and referrals to other financial or social service organizations. Family Services PEI also offers a Debt Repayment Program as an alternative to bankruptcy.

CREDIT COUNSELLING SERVICES OF ATLANTIC CANADA INC.

Toll Free: 1-888-753-2227 ; ccsinfo@solveyourdebts.com

Solveyourdebts.com

A registered non-profit organization, providing confidential and professional budget, credit, and debt repayment counselling programs to families and individuals.

CONSUMER SERVICES

Toll Free: 1-800-658-1799

Assistance and counselling is available to any consumer with a debt-related problem.



Native Council of PEI
6 FJ McAulay Court
Charlottetown, PE C1A 9M7
(902)-892-5314
www.ncpei.com

In partnership with:

Government of Canada's Homelessness Partnering Strategy
PEI Rural & Remote Advisory Board



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