

NATIVE COUNCIL OF PRINCE EDWARD ISLAND

PROGRAMS & SERVICES

2022



TABLE OF CONTENTS

About the Native Council of PEI	2
A Path Forward: Addictions and Mental Health Support	3
Bridging Barriers: Youth Connecting Youth	4
Coming Full Circle: Youth Justice Program	5
Elder Support	6
Engaging Indigenous Men and Boys in Addressing Gender Based Violence in PEI	7
Indigenous Court Worker Program	8
Indigenous Language & Cultures Program	9
Indigenous Skills & Employment Training (ISET)	10
Justice Committee.....	11
L’nu Fisheries Limited & Kelewatl Commission	12
Missing and Murdered Indigenous Women and Girls (MMIWG)	13
Mobile Harm Reduction Team (MHRT)	14
Nanegkam Housing Corporation & Affordable Housing Initiative	15
NCPEI Stewardship: St. Chrysostome Aquatic Ecosystem Monitoring	16
Reaching Home: Housing Support	17
Reclaiming Culture.....	18
Re-establishing Community	19
Strengthening Aboriginal Families Effectively (SAFE).....	20
The Way Forward: Youth Employment Skills Strategy (YESS)	21
Native Council of PEI Funders.....	22

WHO WE ARE

THE NATIVE COUNCIL OF PRINCE EDWARD ISLAND



UNITING TODAY FOR OUR TOMORROW

Welcome to the Native Council of Prince Edward Island (NCPEI). The Native Council of Prince Edward Island is a Community of Indigenous People residing off-reserve in traditional unceded Mi'kmaq territory. NCPEI is the self-governing authority for all off-reserve Indigenous people living on Epekwitk (PEI) and represents the rights, interests, and needs of its constituents across PEI.

The vision of NCPEI is to have a strong political and structured organization that can deal effectively with other Governments and pursue renewal, all while expanding its essential programs and services to its members. Currently NCPEI provides social activities which nurture Indigenous identities and hosts culturally sensitive programs and services for children, youth, adults, and Elders. NCPEI regards both traditional and contemporary activities as beneficial. NCPEI partners and collaborates with existing community and governmental agencies with the goal of improving the social determinants of health for the off-reserve Indigenous peoples throughout PEI.

Charlottetown Office

6 F.J McAulay Court
Charlottetown,
PE C1A 9M7
(902) 892-5314

Program Office

614 North River Road
Charlottetown,
PE C1E 1K2
(902) 629-1541

Portage Office

35262 Western Road,
Route 2, Portage,
PE C0B 1H0
(902) 859-1472

A PATH FORWARD: ADDICTIONS AND MENTAL HEALTH SUPPORT

- **Assist clients in identifying and overcoming triggers by developing strategies and techniques**
- **Individual and group harm reduction supports and education**
- **Cultural healing through individual and weekly Circle of Support sessions**
- **Land-based, culturally focussed programming & activities**

A Path Forward provides off-reserve Indigenous peoples in PEI with an innovative approach to individual and group treatment recovery plans. It does so by creating land-based, culturally sensitive activities that support and assist those who are looking to overcome problematic drug and substance use and/or abuse. A Path Forward supports and educates using harm reduction strategies for off-reserve Indigenous peoples in PEI. This is to ensure group and personal safety, empowerment, and support. A Path Forward hosts education and awareness sessions on the contamination of needles and syringes, accessing and administering Naloxone, current trends in streets drugs, and other topics identified by participants as relevant.

Individual treatment plans are created to help identify triggers and develop strategies to overcome them. A Path Forward examines techniques that are used to reduce stress and help avoid negative behaviors that lead to substance abuse. The individual treatment plans as well as group activities listed below are designed to increase self-awareness, self-image, and self-worth.

Participants of the program have access to bi-weekly cultural healing activities in each of NCPEI's three Zones. Ceremonies and activities may include hand drum making, smudging, sweat lodge ceremonies, and land-based healings such as medicine walks, meditation, and more. Bi-weekly Circles of Support are available for all clients including those participating in Alcoholics Anonymous and Narcotics Anonymous. The program also offers referrals to mental health and addiction counselling, individualized case planning, follow up, and aftercare.

Addictions and Mental Health Coordinator

Phone: (902)629-1541
E-mail: amhap@ncpei.com

Addictions and Mental Health Front Line Staff

Phone: (902) 629-1541
E-mail: amhap2@ncpei.com

BRIDGING BARRIERS: YOUTH CONNECTING YOUTH

- **Connecting youth aged 12-29 years old from all ethnicities and backgrounds**
- **Group activities/sessions through Zoom and Google Hangout**
- **Focus on importance of decolonization, reconciliation, and environmental issues**
- **Creating cultural awareness and volunteer opportunities**

The Youth Connecting Youth program brings youth aged 12-29 of all ethnicities and backgrounds together to learn and engage in Indigenous culture. The program is designed to teach youth about the importance of environmental, reconciliation, and decolonization practices. This program is entirely youth driven; participants determine which programs and activities are delivered. The program coordinator acts as a facilitator and is there to help make these activities possible.

Youth members are provided with the opportunity to give back to the community by volunteering with service providers who partner with the Youth Connecting Youth program. The program coordinator and participants work together to identify and connect with service providers in each zone.

Participants meet monthly in each of the three Zones, in person or online through Zoom or Google Hangouts. The program is focussed on creating cultural awareness between Indigenous and non-Indigenous youth, allowing for connection with other youth in the community. A key component of this program is the creation of a video to engage participants in discussion on their understanding of decolonization, reconciliation, and environmental issues.

Youth Engagement Coordinator

Phone: (902)629-1541

E-mail: youth@ncpei.com

COMING FULL CIRCLE: YOUTH JUSTICE PROGRAM

- **Programming for youth aged 12-17 who are at risk of becoming, or who are currently in conflict, with the law**
- **Individual case-planning, group sessions, and leadership skill development**
- **Semi-weekly cultural teachings and quarterly land-based activities**
- **Medicine Wheel traditional teachings to apply toward everyday life**

Coming Full Circle provides programming and supports to off-reserve Indigenous youth between the ages of 12-17 years who are at risk of becoming, or who are currently, in conflict with the law. Individual case planning is used to determine the cultural and land-based traditional teachings that participants can use and apply to everyday life. Group sessions help build a sense of community and connection to each other, the Elders, and their traditional teachings. Through the Medicine Wheel teachings, Indigenous youth learn to develop the traditional and cultural tools needed to live a balanced, traditional, and healthy lifestyle toward reducing the likelihood of recidivism.

Coming Full Circle provides semi-weekly Medicine Wheel teachings to raise awareness of self, others, and the community in a safe and cultural environment. As each quadrant of the Medicine Wheel is explored, participants will be engaged in complimentary land-based teachings to enhance their learning and connection to their Indigenous culture. Land-based teachings can involve medicine walks, sweat lodge ceremonies, learning about the sacred fire and Grandfather rocks, fasting, and more.

Coming Full Circle provides youth with the opportunity to be seen in a positive light, as participants can share and apply the cultural practices and teachings gained from the Medicine Wheel teachings. Further opportunities are provided to youth as they progress through the program to aid in the development of leadership and mentoring skills, and to offer them the chance to pass on these teaching.

Youth Justice Coordinator

Phone: (902)629-1541

E-mail: yjp@ncpei.com

ELDER SUPPORT

- **Programming designed by Elders, for Elders**
- **Monthly cultural activities to engage Elders and reduce isolation**
- **Game nights to provide opportunity for social interaction**
- **Promotion of inclusiveness and cultural practices**

The Elder Support program works to continuously engage the knowledge-keepers of NCPEI while also providing essential aid and assistance to Elders in need. The objectives of this community-based project are to deliver opportunities surrounding volunteerism, mentoring, Elder abuse awareness, and social participation and inclusion. This program offers monthly meetings in each of the three zones, allowing for easier access to all Elder members. The Elder Support Program promotes three key factors: healthy living and disease prevention, social activity to reduce isolation, and cultural activities to keep Elders connected to traditional teachings.

Activities such as gathering for cultural teaching, games nights, and traditional activities from cooking to drumming will be offered. In addition, two larger gatherings will be organized, at the mid-point and the end of the program, where participants from all Zones can come together to share cultural activities. This project will serve to provide seniors within the off-reserve Indigenous community the social and cultural activities they need to increase inclusion and cultural competency. In addition, it is anticipated that, once the project is complete, many seniors will have formed bonds through their shared experiences and will continue to meet on their own.

In addition to programming, the Elder Support Coordinator works with the Elder Representative to facilitate monthly Elder Council meetings.

Elder Support Coordinator

Phone: (902)892-5314

E-mail: capacity2@ncpei.com

ENGAGING INDIGENOUS MEN AND BOYS IN ADDRESSING GENDER BASED VIOLENCE IN PEI

- **Walking in her Moccasins Bundle updated in PEI context**
- **Train-the-trainer sessions**
- **Understanding the causes of Gender Based Violence**
- **Empowering Indigenous men and boys to affect change**

Walking in her Moccasins is an experiential violence prevention resource for Indigenous men and boys. This project is rooted in the rights of Indigenous women and girls to live free from all forms of violence and encourages Indigenous men and boys to play positive and culturally relevant roles to promote gender equality. The project partners, Congress of Aboriginal Peoples and White Ribbon acknowledge the impact of colonialism on Indigenous communities, and through this Bundle offer healing-based exercises, specific to Indigenous communities, which can be adapted as needed. While the Bundle is geared towards engagement with Indigenous communities, it is hoped this resource can also enhance non-Indigenous women, girls, men and boys' awareness and understanding of the diversity and beauty of Indigenous cultures and healing practices. (<https://unveilingtruths.ca/walking-in-her-moccasins>)

The Engaging Men and Boys Project Coordinator will review, assess, and update the Walking in her Moccasins bundle for delivery to off-reserve Indigenous men and boys on Prince Edward Island.

The bundle will be delivered in monthly meetings to a cohort of men and boys with the support of an Indigenous Elder and/or community role model as recommended by the bundle. Participants will be encouraged to assess the program and provide feedback.

The Coordinator will also seek other opportunities to engage participants in understanding MMIWG and Gender Based Violence throughout the duration of the project.

Engaging Indigenous Men and Boys Coordinator

Phone: (902) 629-1541

E-mail: wihm@ncpei.com

INDIGENOUS COURT WORKER PROGRAM

- **Provide assistance to Indigenous clients involved in the criminal justice system to navigate the criminal justice process**
- **Certified Gladue writers**
- **Improve communication, linkages and collaboration between Indigenous peoples and justice workers**
- **Promote Restorative Justice options**

The purpose of the Indigenous Court Worker Program is to help Indigenous people involved in the criminal justice system to obtain fair, just, equitable, and culturally relevant treatment. The Indigenous Court Worker will work with Indigenous clients involved in the criminal justice system to provide assistance navigate the criminal justice process, increase their understanding of their rights during the justice process, and provide restorative justice options whenever possible.

The Indigenous Court Worker will work to improve communication, linkages, and collaboration between Indigenous people and justice workers while advocating to ensure Indigenous people involved in the justice system are afforded all rights and privileges available to them.

The Indigenous Court Worker Program will ensure clients have access to a Certified Gladue Report Writer and that these reports are completed fully, presented in a timely manner, and recommendations are followed.

The Indigenous Court Worker will refer Indigenous people charged with an offence to the appropriate resources to help facilitate their healing journey. The program will also provide support to Indigenous family members and deliver practical, community-based justice options, workshops, and information sessions to Indigenous youth, Elders, and community members.

Indigenous Court Worker

Phone: (902) 629-1541

E-mail: courtworker@ncpei.com

INDIGENOUS LANGUAGE & CULTURES PROGRAM

- **Weekly Mi'kmaq language instruction and drumming classes held in-person or through Zoom**
- **Language lessons provided at beginner to intermediate levels**
- **Resource manual and language videos for ongoing language education**
- **Reclaiming of traditional languages and culture**

Connecting Conversations offers Mi'kmaq language instruction and drumming classes from beginner to intermediate levels to off-reserve Indigenous people across PEI. Weekly classes are held in all three of the zones, with a schedule that ensures all members of NCPEI have the access and ability to participate in the language program. This program also produces weekly language videos that are shared on NCPEI social media pages, as well as the Language and Drumming YouTube Channel to help increase engagement, awareness, and learning within the community.

Although primarily offered in Mi'kmaq, speakers of other Indigenous languages will be invited to participate by sharing their language during classes. This will promote recognition of the diversity of the Indigenous population on PEI.

Through the development of these teachings, the NCPEI Language and Drumming program creates resource manuals that participants can use to aid in the learning and comprehension of the Mi'kmaq language. The resource manual and accompanying audio or video resources, as well as the Language and Drumming YouTube channel provide material for ongoing language education. Participation in this program helps members reclaim traditional Indigenous languages ensuring the revitalization of the Mi'kmaq language, creating a greater connection to the Islands Indigenous community and culture.

Language and Drumming Coordinator

Phone: (902)629-1541

E-mail: language@ncpei.com

INDIGENOUS SKILLS & EMPLOYMENT TRAINING (ISET)

- **Career and educational planning for off-reserve Indigenous peoples**
- **Educational funding for trades programming, last year of university, and training certificates**
- **Development of employment skills including job search, interview tips, and writing of cover letters and resumes**
- **Employment opportunities through provision of wage subsidies to employers**

The Indigenous Skills and Employment Training (ISET) program offers career guidance, educational supports, and employment opportunities to off-reserve Indigenous peoples on PEI.

Career guidance: the ISET program offers its clients assistance in writing cover letters, developing resumes, and conducting job searches. The program also offers coaching through interview tips and techniques. All of these skills are aimed in helping members becoming better candidates for upcoming job applications.

Education support: the ISET program covers some/or all of the costs (tuition, books, etc.) for 1-2 year programs through Holland College or other recognized colleges, or for the final year of a university program. ISET also provides funding for training that is suitable for industry and trade careers such as First Aid, WHMIS, Flagger Certification, Fall Safety, Marine Safety, etc.

The ISET program supports employment of participants through the provision of wage subsidies to employers. This allows individuals the opportunity to gain valuable work experience in a desirable field of employment.

Employment & Training Coordinator

Phone: (902) 629-1541

E-mail: education@ncpei.com

JUSTICE COMMITTEE

- **Participates in the Section 84 cultural release planning process for off-reserve Indigenous people**
- **Certified Gladue Writers to assist in providing Gladue Reports**
- **Collaborate with Justice and community agencies for case planning, support, and referrals**
- **Full wrap-around supports from court to community; court support and advocacy for all hearings including bail, parole, and sentencing.**

NCPEI has been involved in justice initiatives since the 1970's. In 2016-2018 NCPEI was directed by resolutions and motions at its Annual General Assembly to provide justice programming and services to its community. The Justice Committee was established to bridge existing barriers and support for NCPEI members involved in the criminal justice system on PEI. The NCPEI's Justice Committee uses a restorative justice and wrap-around approach to providing programs, supports, and advocacy for all off-reserve Indigenous people in PEI.

The Justice Committee meets with Corrections Canada representatives to participate in the release planning process for Indigenous people requesting to be released in NCPEI's Indigenous community. The Justice Committee assists with the cultural aspect of the release plan by identifying cultural programs/ services that would assist the individual in connecting or reconnecting to their cultural practices and teachings.

Through the Justice Committee, NCPEI collaborates and partners with Justice & Public Safety, John Howard Society, and other essential service providers to assist in case planning for off-reserve Indigenous people. Representatives from the Justice Committee also provide support to Indigenous people involved in the criminal justice system through attending court hearings, providing cultural supports and referrals, and helping Indigenous people better understand the criminal justice system.

Justice Committee

Phone: (902) 629-1541

E-mail: courtworker@ncpei.com

L'NU FISHERIES LIMITED & KELEWATL COMMISSION

- **Manages fishing licenses and provides employment and training opportunities in the communal commercial fisheries**
- **Manages numerous shellfish, eel, silversides, and smelt licenses which are available to NCPEI members**
- **Promotes access to a food, social, and ceremonial harvest for fish, wildlife, traditional medicines and other plants**
- **Promotes increased access to aquatic resources**

L'nu Fisheries Limited

L'nu Fisheries Limited promotes, advances, and manages NCPEI's Aboriginal Communal Commercial Fishery. L'nu Fisheries Limited can provide employment opportunities for roughly 50 members in the communal commercial fisheries through the management of numerous commercial licenses which include lobster, rock crab, pelagic, estuarial and shellfish. These employment opportunities are available to the membership of NCPEI. For more information on L'nu Fisheries Corporation, please visit NCPEI's website.

Kelewatl Commission

Kelewatl Commission provides NCPEI members access to food, social, and ceremonial harvesting for fish, wildlife, traditional medicines, and other plants. Kelewatl Commission also promotes, sustains, and encourages the sharing of NCPEI member's knowledge of aquatic resources, wildlife, environment, and its traditional uses. For more information on Kelewatl Commission, please visit NCPEI's website.

L'nu Fisheries & Kelewatl Commission

Phone: (902) 629-1541

E-mail: fisheries@ncpei.com

MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS: RECONCILIATION & HEALING

- **Provides a voice for Residential Schools, 60s Scoop, and Day School survivors**
- **Cultural activities to promote healing**
- **Women's group meetings and educational sessions**
- **Promotes awareness of MMIWG and intergenerational trauma**

The NCPEI-MMIWG Program Coordinator will work to promote the fulfilment of the Calls to Justice outlined in the 2019 Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls. MMIWG provides a voice for Residential Schools, 60s Scoop, and Day School survivors and those experiencing intergenerational trauma.

MMIWG provides educational sessions to schools, government, and community groups as well as the off-reserve Indigenous community on PEI. MMIWG works to promote healing among off-reserve Indigenous women on PEI through quarterly meetings/ talking circles and workshops on making of ribbon skirts, dreamcatchers, and other cultural materials.

The MMIWG Program will be work through an Advisory Committee of women from each of NCPEI's 3 Zones. This Committee will provide advice and guidance on the direction of the program and activities.

MMIWG Coordinator

Phone: (902)629-1541

E-mail: mmiwg@ncpei.com

MOBILE HARM REDUCTION TEAM (MHRT)

- **Addresses immediate needs of clients utilizing drugs and needles using a culturally sensitive harm reduction strategies**
- **Meets clients where they are at in a non-judgemental and culturally appropriate manner**
- **Provides appropriate safety material and basic needs such as clean needles, tents, blankets, clothing, food, and referrals**
- **Available Coordinator weekdays and outreach workers from 3pm - 11pm from Wednesday through Sunday**

The Mobile Harm Reduction Team (MHRT) uses culturally sensitive harm reduction strategies to address the immediate needs of off-reserve Indigenous people struggling with addictions.

The goal of the MHRT is to reduce potential overdoses, transmittable diseases, sickness, and hunger by providing hygiene products, food, shelter (tents), blankets, clothing, and referrals. In partnership and collaboration with existing partners throughout PEI, the MHRT aims to address existing gaps in services and increase client support through provincial programming.

The MHRT Coordinator works regular hours in-house while the outreach workers work from 3:00pm to 11:00pm Wednesday through Sunday. The MHRT outreach workers consist of a two-person, gender-diverse, mobile team that provides harm reduction strategies to those in need while connecting them to the wide-range of programs through NCPEI and others to ensure wrap-around care.

The outreach workers provide training to clients on the symptoms of overdose and proper administration of Naloxone. Clients are also provided with basic needs to reduce exposure, bloodborne diseases and hunger. The outreach workers are equipped to provide clean needles, Naloxone, blankets, tents, basic clothing, snacks, first-aid supplies, antibiotic cream, and referrals to existing services/programs.

Mobile Harm Reduction Team Coordinator

Phone: (902) 629-1541

E-mail: mhrt@ncpei.com

NANEGKAM HOUSING CORPORATION & AFFORDABLE HOUSING INITIATIVE

- **Units available in Charlottetown and Summerside**
- **Rent-geared to income (25% of total family income)**
- **Affordable housing for off-reserve Indigenous People**
- **Heated apartments, duplexes, single-family homes, and townhouses**

Nanegkam Housing Corporation

In partnership with Canada Mortgage and Housing Corporation (CMHC), Nanegkam Housing Corporation currently has 56 units which are rent-geared-to income and include heat. Units include apartments, duplexes, townhouses, and single-family houses with the majority of these units located in Charlottetown and Summerside.

Rental rates for these units are estimated based on 25% of the total family income of all adults in the family. Nanegkam Housing Applications can be found on NCPEI's website and are printable. All applications for Nanegkam Housing are brought to Nanegkam Housing Corporation's Board of Directors for review and selection. Tenant selection is based on a number of criteria which include individual/family need, family income, and existing living conditions. Management will be returned to NCPEI effective April 1, 2021.

Affordable Housing Initiative

NCPEI's Affordable Housing Initiative currently has three duplexes in Charlottetown that consist of a one-bedroom unit attached to a three-bedroom unit.

Rental rates for these units are set at a low market rental rates that includes heat. Applications for Affordable Housing can be found on NCPEI's website and are printable. Tenant selection is based on a number of criteria which includes individual/family need, income and existing living conditions.

Nanegkam Housing Manager

Phone: (902)892-5314

E-mail: rgi@ncpei.com

Affordable Housing Initiative

Phone: (902)892-5314

E-mail: finance@ncpei.com

NCPEI STEWARDSHIP: ST. CHRYSOSTOME AQUATIC ECOSYSTEM MONITORING

- **Conduct aquatic ecosystem baseline monitoring activities.**
- **Engage with Community Members and Aboriginal Traditional Knowledge Holders**
- **Build relationships and partnerships with surrounding private landowners and NGOs**
- **Contribute to NCPEI's developing Stewardship Plan**

In 2005, the Province of Prince Edward Island deeded to the Native Council approximately 313 acres of forested coastal wetlands and forested uplands, known as the St. Chrysostome Wildlife Management Area. This area is very diverse in its many ecosystems and home to a variety of habitats including various forest stands, wetlands, streams, an estuary, sandy coastlines, and a saltwater marsh.

This project will conduct thorough aquatic ecosystem monitoring surveys to identify fish species present as well as habitat conditions. It will provide detailed scientifically collected data about the Wildlife Management Area and inform the Council of the long-term goals needed for protection, conservation, and management of the land.

The project will also contribute knowledge to NCPEI's long-term Stewardship Plan for the property, which will include educational programs for youth to learn about local biodiversity, traditional medicines and foods, and how to be "stewards of the land".

The project will engage Aboriginal Traditional Knowledge holders and community members to contribute to the traditional knowledge base of species and habitats. Multiple volunteer opportunities will be provided through monitoring activities and outreach programs.

Environmental Coordinator

Phone: (902)859-1472

E-mail: enviro1@ncpei.com

Environmental Technician

Phone: (902)859-1472

E-mail: enviro2@ncpei.com

REACHING HOME: HOUSING SUPPORT

- **Supports for those who are homeless, or at risk of becoming homeless**
- **Provides front-line support, referrals, and short-term housing placements**
- **Provides wrap-around approach and referrals to NCPEI's programs and services**
- **Shelter diversion and prevention strategies to preventing homelessness**

The Reaching Home program supports off-reserve Indigenous people who are experiencing homelessness or who are at risk of becoming homeless. Reaching Home offers front-line support, referrals, and housing placements, along with access to culturally relevant activities to promote self-sufficiency and involvement in the NCPEI community.

The Reaching Home program also works towards the implementation of a homelessness tracking tool that is specific to the off-reserve Indigenous community. This tool can be used in conjunction with the HIFIS (Homeless Individuals and Families Information System) to support future tracking.

Reaching Home establishes and implements shelter diversion and prevention strategies with the goal of reaching these individuals before they become homeless. This facilitates the reduction of eviction incidents for both Nanegkam Housing tenants and any other off-reserve Indigenous tenants across the province of PEI.

Reaching Home Coordinator

Phone: (902) 629-1541

E-mail: housing@ncpei.com

RECLAIMING CULTURE

- **Provide cultural knowledge to those from whom it was taken**
- **Being the process of healing**
- **Education on the history of Indigenous Peoples in Canada**
- **Increase confidence to participate in cultural practices/activities**

Reclaiming Culture is designed to provide education and support to survivors and families impacted by the 60s Scoop and other historic injustices committed against Indigenous peoples. Many of our Indigenous members, by no fault of their own, have no knowledge of their own traditions, culture, customs, and teachings to use as a basis to build upon. Many members have also indicated that they do not know where to begin learning, that they do not know the 'correct way' of doing things, and often do not try to learn as they feel it would be too embarrassing or disrespectful to do things the wrong way.

Reclaiming Culture will take a "start at the beginning" approach to introduce the basic elements of Indigenous culture to participants. The program will also engage participants in educational sessions to provide historical information on Indigenous Peoples that is not taught in colonial schools.

Community Elders and Knowledge Keepers will provide teachings and support as participants work through the program. The educational and cultural activities provided through the Reclaiming Culture program will help heal the survivor and intergenerational trauma caused by the 60s Scoop, as well as Residential Schools, Day Schools, and other colonial injustices. Participants will become comfortable with their cultural traditions and begin to participate in community activities, such as Pow Wows, in a more meaningful way.

The program coordinator will work with Elders, Knowledge Keepers, and program participants to create a guidebook that can be distributed to other survivors and family members after the close of the project.

Reclaiming Culture Coordinator

Phone: (902)629-1541

E-mail: culture@ncpei.com

RE-ESTABLISHING COMMUNITY

- **Bringing 60s Scoop survivors/ families together**
- **Establishing networks of healing**
- **Promoting inclusiveness and community**
- **Increase confidence to participate in cultural practices/activities**

This project focuses on re-establishing a sense of community and belonging for the survivors and families of the Sixties Scoop and other historic injustices committed against Indigenous peoples. Through this project, NCPEI will establish a network of support and mental health awareness / resources among Sixties Scoop survivors and their families.

Participants will be encouraged to form support groups and work together through healing activities such as healing/talking circles, sweats, Elder teachings, and other cultural activities they request. They will also be provided with access to mental health supports and resources to aid in the healing journey. Participants will be encouraged to engage in other Native Council activities such as language and drumming classes, Pow Wows, etc. to increase their cultural confidence.

At the end of the project, it is expected that all participants will feel welcomed and accustomed to attend community events, will have techniques and referrals available for ongoing mental health support, and will have a stronger sense of Indigenous identity and community belonging.

Re-establishing Community Coordinator

Phone: (902)629-1541

E-mail: community@ncpei.com

STRENGTHENING ABORIGINAL FAMILIES EFFECTIVELY (SAFE)

- **Work with families involved in Child & Family Services to develop case plans toward strengthening the family unit**
- **Provide cultural programming, supports, activities and wrap-around support to NCPEI's other programs and services**
- **Support Non-Indigenous families fostering Indigenous child/children**
- **Wrap-around Indigenous youth who are aging out of care and provide supports toward an independent and healthy lifestyle**

Through self-referral, or in partnership with Child & Family Services, SAFE works with off-reserve Indigenous families who are involved, or at-risk of becoming involved, in Child & Family Services. SAFE works with these Indigenous families to develop a case plan to educate, support and strengthen the family unit to minimize the number of Indigenous children in foster care. SAFE provides a number of individual and family supports and cultural programs including Triple P Parenting Classes, Community Kitchen, home visits, family workshops and cultural activity sessions.

SAFE provides support to non-Indigenous foster families and caregivers of Indigenous children by providing cultural competency training, supports, and activities to support and promote the maintaining of Indigenous culture and community while the Indigenous child is in care.

SAFE provides a wrap-around approach to supporting Indigenous youth aging out of the Child Welfare System. Through individual support and referrals to NCPEI's other programs and services. SAFE aims to support Indigenous youth toward developing an independent and healthy lifestyle.

SAFE Coordinator

Phone: (902) 629-1541

E-mail: safe@ncpei.com

THE WAY FORWARD: YOUTH EMPLOYMENT SKILLS STRATEGY (YESS)

- **12 weeks of paid class sessions for individual and group learning**
- **Class sessions focus on developing essential life skills and career exploration**
- **12 weeks of paid on-the-job training**
- **On-the-job training focuses on developing essential personal and employability skills**

The Way Forward program provides off-reserve Indigenous youth between the ages of 15-30 years 12 weeks of paid in-class learning activities and 12 weeks of on-the-job training.

The first 12 weeks, participants will have the opportunity to explore their personal strengths, develop life-skills, teamwork, effective communication, budgeting, and personal learning styles that can be applied to everyday life. Participants will also learn to develop effective resume writing, job searching, and interviewing skills. Group sessions include presentations from people in various careers to educate the group on why they chose their career, pros and cons to their career, and education/experience needed to acquire their position. Participants are also provided the opportunity to research careers of interest to them and contact these business/organizations to do an informational interview with their human resources to better understand what the job entails and what qualifications/education would be required to apply for a position of interest.

The second 12 weeks, participants are provided the opportunity to gain valuable personal and employability skills through on-the-job-training. Participants either become full-time employees after the 12 weeks or gain a better understanding of what education is required to obtain full-time employment and apply to NCPEI to further their educational training.

The Way Forward Coordinator

Phone: (902) 629-1541

E-mail: education@ncpei.com

The Way Forward Facilitator

Phone: (902) 629-1541

E-mail: training@ncpei.com

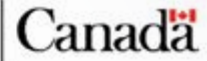
NATIVE COUNCIL OF PEI FUNDERS

The NCPEI would like to acknowledge and thank all of our partner organizations and funders that the make the programs at NCPEI possible.



Crown-Indigenous Relations
and Northern Affairs Canada
Relations Couronne-Autochtones
et Affaires du Nord Canada

Funded in part by the Government
of Canada under the Youth
Employment and Skills Strategy



Indigenous and
Northern Affairs Canada

Affaires autochtones
et du Nord Canada



Congress of Aboriginal Peoples

Congrès des peuples autochtones



Canadian Heritage Patrimoine
Heritage canadien



Health Canada Santé
Canada Canada



Fisheries and Oceans
Canada

Pêches et Océans
Canada



United Way
Prince Edward Island



Employment and
Social Development Canada



